

Weight Loss Surgery Practice Test Questions and Answers

1. What is the most common type of bariatric surgery performed today?

- A) Lap-Band surgery
- B) Gastric sleeve (sleeve gastrectomy)
- C) Gastric balloon
- D) Duodenal switch

2. What BMI threshold typically qualifies patients for weight loss surgery?

- A) BMI of 25 or higher
- B) BMI of 40 or higher, or BMI 35+ with serious health conditions
- C) BMI of 30 or higher
- D) Any BMI with patient request

3. Which nutritional deficiency is most common after bariatric surgery?

- A) Vitamin C deficiency
- B) Vitamin B12, iron, and calcium deficiencies
- C) Vitamin E deficiency only
- D) Protein excess

4. What is the typical expected weight loss after successful bariatric surgery?

- A) 10-20% of excess body weight
- B) 60-80% of excess body weight within 12-18 months
- C) 100% return to ideal weight immediately
- D) 5-10% of total body weight

Answers: 1-B 2-B 3-B 4-B

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