

# United States Tennis Association Certified Coach Practice Test Questions and Answers

**1. What is the correct grip for teaching a beginner forehand stroke?**

- A) Western grip
- B) Eastern forehand grip
- C) Continental grip
- D) Semi-western grip

**2. According to USTA guidelines, what is the recommended court size for 10 & Under tennis?**

- A) Full 78-foot court
- B) 60-foot court with orange balls
- C) 36-foot court with red balls
- D) Both B and C depending on age

**3. Which teaching progression is most effective for developing consistent groundstrokes?**

- A) Start with full swings from the baseline
- B) Begin with hand feeding, then progress to racquet feeding
- C) Focus only on power development
- D) Teach advanced techniques first

**4. What is the primary focus when teaching serve fundamentals to junior players?**

- A) Maximum power generation
- B) Proper toss placement and contact point
- C) Advanced spin techniques
- D) Professional serving styles

Answers: 1-B 2-D 3-B 4-B

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