

USATF Practice Test Questions and Answers

1. What does USATF stand for?

- A) United States Army Task Force
- B) USA Track and Field
- C) United States Athletic Training Foundation
- D) US Association for Tennis Facilities

2. What is the standard distance for a marathon in USATF competitions?

- A) 25 miles
- B) 26.2 miles (42.195 kilometers)
- C) 30 miles
- D) 24.5 miles

3. Which governing body does USATF affiliate with internationally?

- A) FIFA
- B) World Athletics (formerly IAAF)
- C) IOC directly
- D) NCAA

4. What is the primary purpose of USATF coaching certification programs?

- A) Entertainment value only
- B) Ensuring coaches have proper knowledge of technique, safety, and athlete development
- C) Meeting insurance requirements only
- D) Generating revenue for the organization

Answers: 1-B 2-B 3-B 4-B

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