

# TTS Practice Test Questions and Answers

## 1. What is the role of bupropion in smoking cessation?

- A) To directly replace nicotine in the body.
- B) To help reduce cravings and withdrawal symptoms
- C) To increase cravings for tobacco.
- D) To provide immediate relief from withdrawal symptoms.

## 2. How does varenicline help individuals quit smoking?

- A) By directly providing nicotine.
- B) By blocking nicotine's pleasurable effects and reducing cravings
- C) By enhancing the effects of smoking.
- D) By increasing the intensity of cravings.

## 3. What is the role of informed consent in tobacco treatment?

- A) It is a formality that can be bypassed.
- B) It allows clients to understand and agree to the treatment plan
- C) It is required only for medical procedures.
- D) It applies only to clinical research.

## 4. Why is cultural competency important in tobacco treatment?

- A) It is not relevant to tobacco treatment.
- B) It ensures that treatment is tailored to the client's cultural context
- C) It only applies to international clients.
- D) It focuses on reducing the diversity of approaches.

**Answers: 1-B 2-B 3-B 4-B**

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