

# Skincare Practice Test Questions and Answers

## 1. What is photoaging?

- A) The skin's natural aging process unrelated to sun exposure
- B) Premature aging of the skin caused by chronic UV exposure
- C) Aging of photographic materials used in skincare testing
- D) Sensitivity to light that causes rapid skin turnover

## 2. What is dermaplaning?

- A) A deep chemical exfoliation using TCA
- B) A manual exfoliation technique using a sterile surgical scalpel to remove dead skin cells and vellus hair
- C) A laser resurfacing treatment for acne scars
- D) An enzyme-based facial treatment

## 3. Estheticians emphasize...

- A) Makeup
- B) Maintenance of healthy skin
- C) Preventive skin care
- D) All of the above

## 4. What is microdermabrasion?

- A) A chemical peel using high-concentration acids
- B) A mechanical exfoliation procedure that removes the stratum corneum using fine crystals or a diamond tip
- C) A laser treatment targeting pigmentation
- D) An injectable filler procedure

**Answers: 1-B 2-B 3-D 4-B**

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