

Skills and Competency Practice Test Questions and Answers

1. What is 'time blocking'?

- A) Preventing others from scheduling your time
- B) Scheduling specific blocks of time in your calendar for focused work on specific tasks
- C) A technique for delaying unpleasant tasks
- D) Blocking social media during work hours

2. What is 'lateral thinking'?

- A) Thinking in a straight, linear path
- B) Approaching problems from unexpected angles to find creative solutions
- C) Thinking exactly as your colleagues do
- D) Solving problems using only established methods

3. What is 'confirmation bias'?

- A) Verifying all facts before making a decision
- B) The tendency to favor information that confirms pre-existing beliefs
- C) A method of confirming solutions with the whole team
- D) Validating a decision after implementation

4. What is 'imposter syndrome'?

- A) Pretending to have qualifications you don't possess
- B) The persistent feeling of being unqualified or fraudulent despite evidence of competence
- C) A strategy for blending into a new team
- D) Overestimating your own skills and abilities

Answers: 1-B 2-B 3-B 4-B

For More Skills and Competency Questions and Answers FREE, Skills and Competency Online Prep Training, Skills and Competency Exam, Skills and Competency Study Guide, Skills and Competency Flashcards, Skills and Competency Quizzes visit:

Skills and Competency Practice Test