

SPRAT Practice Test Questions and Answers

1. What is the role of an equipment log?

- A) To monitor team assignments
- B) To document inspections and service history
- C) To track salaries
- D) To review safety meetings

2. Which technique is used to ascend a rope?

- A) Rappelling
- B) Anchoring
- C) Ascending
- D) Hauling

3. What is a common tool used to assess risks?

- A) Risk calendar
- B) Hazard checklist
- C) Risk matrix
- D) Time log

4. When should a risk assessment be conducted?

- A) Only after an incident
- B) After the job is completed
- C) Before beginning and when conditions change
- D) During lunch breaks

Answers: 1-B 2-C 3-C 4-C

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