

# SAMS Practice Test Questions and Answers

## 1. What does SAMS primarily assess in military personnel?

- A) Physical fitness levels
- B) Substance abuse and mental health
- C) Technical job skills
- D) Leadership capabilities

## 2. How often is the SAMS assessment typically administered?

- A) Monthly
- B) Quarterly
- C) Annually
- D) As needed based on circumstances

## 3. Which factor is NOT typically evaluated in a SAMS assessment?

- A) Alcohol use patterns
- B) Financial management skills
- C) Stress management
- D) Social support systems

## 4. What is the primary goal of the SAMS program?

- A) To discipline service members
- B) To identify and prevent substance abuse issues
- C) To evaluate job performance
- D) To assign military duties

Answers: 1-B 2-C 3-B 4-B

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