

Reiki Practice Test Questions and Answers

1. What is a Reiki attunement?

- A) A type of massage technique
- B) An energetic initiation performed by a Reiki Master to open the student's healing channel
- C) A written exam for Reiki certification
- D) A meditation practice done alone

2. Mikao Usui died in which year?

- A) 1922
- B) 1926
- C) 1930
- D) 1938

3. In Reiki, what are 'meridians'?

- A) Specific Reiki hand positions
- B) Channels or pathways through which Ki energy flows in the body
- C) Types of Reiki attunements
- D) The outer edges of the aura

4. REIKI works on how many levels?

- A) REIKI works only on the mental level.
- B) REIKI works only on the physical level.
- C) REIKI works on all 3 level.
- D) REIKI works only on the emotional level.

Answers: 1-B 2-B 3-B 4-C

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