

Registered Dietetic Technician Practice Test Questions and Answers

1. What is the primary role of a Registered Dietetic Technician (DTR)?

- A) Diagnosing nutrition-related diseases
- B) Assisting registered dietitians in nutrition care and food service management
- C) Prescribing diet medications
- D) Performing surgical procedures

2. Which vitamin deficiency can lead to scurvy?

- A) Vitamin A
- B) Vitamin B12
- C) Vitamin C
- D) Vitamin D

3. What is the recommended daily intake of fiber for adults?

- A) 10-15 grams
- B) 25-35 grams
- C) 50-60 grams
- D) 70-80 grams

4. Which food safety principle involves keeping foods at proper temperatures?

- A) Clean
- B) Separate
- C) Cook
- D) Chill

Answers: 1-B 2-C 3-B 4-D

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