

Recovery Mentor Practice Test Questions and Answers

1. What is the primary role of a recovery mentor?

- A) Provide clinical therapy services
- B) Offer peer support and guidance based on lived experience
- C) Prescribe medications for recovery
- D) Make treatment decisions for clients

2. Which approach is most effective for recovery mentoring?

- A) Directive problem-solving for clients
- B) Empowerment and self-determination support
- C) Avoiding discussion of recovery challenges
- D) Focusing only on past problems

3. How should recovery mentors handle relapse situations?

- A) Terminate the mentoring relationship
- B) Provide non-judgmental support and help reconnect with resources
- C) Blame the individual for poor choices
- D) Avoid addressing the situation

4. What is essential for maintaining professional boundaries in recovery mentoring?

- A) Becoming close personal friends with clients
- B) Clear role definition and appropriate professional relationships
- C) Sharing detailed personal recovery stories
- D) Providing financial support to clients

Answers: 1-B 2-B 3-B 4-B

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