

RPT Practice Test Questions and Answers

1. What is a microaggression?

- A) A form of praise
- B) An intentional insult
- C) An unconscious discriminatory remark
- D) An honest question

2. What is cultural competence?

- A) Avoiding cultural discussions
- B) Applying a single approach to all clients
- C) Understanding and respecting cultural differences
- D) Using only evidence-based models

3. What is a clinical formulation?

- A) A legal report
- B) A narrative explanation of the client's presenting problems
- C) A summary of fees
- D) A medication plan

4. What is the main goal of play therapy?

- A) To teach children academic skills.
- B) To allow children to express emotions and resolve psychosocial challenges
- C) To discipline children through roleplay.
- D) To reduce screen time in children.

Answers: 1-C 2-C 3-B 4-B

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