

RPSGT Practice Test Questions and Answers

1. What does RPSGT stand for?

- A) Registered Polysomnographic Technologist
- B) Respiratory Pulmonary Sleep Growth Technician
- C) Rapid Pulse Sleep Grant Technologist
- D) Regional Practice Sleep General Technician

2. During a polysomnogram, which brain wave pattern indicates REM sleep?

- A) High amplitude, low frequency delta waves
- B) Low amplitude, mixed frequency waves similar to wake state
- C) Sleep spindles and K-complexes
- D) High amplitude alpha waves

3. What is the normal Apnea-Hypopnea Index (AHI) for adults?

- A) Less than 5 events per hour
- B) 5-15 events per hour
- C) 15-30 events per hour
- D) Greater than 30 events per hour

4. Which electrode placement is used to monitor eye movements during sleep studies?

- A) EOG (Electrooculogram)
- B) EMG (Electromyogram)
- C) ECG (Electrocardiogram)
- D) EEG (Electroencephalogram)

Answers: 1-A 2-B 3-A 4-A

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