

QMA Insulin Practice Test Questions and Answers

1. Why should insulin never be frozen?

- A) Freezing destroys the protein structure, making it ineffective
- B) Freezing causes insulin to become too concentrated
- C) Freezing makes insulin unsafe to inject due to ice crystals
- D) Freezing changes the color of insulin permanently

2. How should insulin be protected from direct sunlight?

- A) Store in an opaque container or a dark area away from windows
- B) Expose briefly to sunlight to warm it before injection
- C) Sunlight has no effect on insulin potency
- D) Store in a clear container on a sunny windowsill

3. What is the primary function of insulin in the human body?

- A) To increase the level of glucose in the bloodstream.
- B) To break down fats and proteins in the digestive system.
- C) To convert excess sugar into glucagon for storage.
- D) To help transport glucose from the bloodstream into the body's cells for energy.

4. What does 'U-100' printed on an insulin vial label indicate?

- A) There are 100 units of insulin per milliliter
- B) The vial contains 100 total milliliters
- C) The insulin expires in 100 days
- D) The insulin requires a 100-gauge needle

Answers: 1-A 2-A 3-D 4-A

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