

Positive Coaching Alliance Certification Practice Test Questions and Answers

1. What is the primary mission of Positive Coaching Alliance?

- A) Winning championships
- B) Transforming youth sports to develop Better Athletes, Better People
- C) Training professional coaches
- D) Organizing tournaments

2. What does PCA mean by "Double-Goal Coach"?

- A) A coach who coaches two teams
- B) A coach who aims to win while using sports to teach life lessons
- C) A coach with two different coaching certifications
- D) A coach who works part-time

3. What is the recommended approach when a young athlete makes a mistake?

- A) Immediately point out the error loudly
- B) Use it as a teachable moment with constructive feedback
- C) Ignore the mistake completely
- D) Remove the player from the game

4. Which concept emphasizes that effort and learning matter more than just winning?

- A) Performance mindset
- B) Mastery mindset
- C) Competitive mindset
- D) Victory mindset

Answers: 1-B 2-B 3-B 4-B

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