

Persistent Depressive Disorder Practice Test Questions and Answers

1. Describe the personal fable.

- A) The belief that we all share the same life stories
- B) A story we tell ourselves during tough times
- C) The idea that our emotions and experiences are particular to us
- D) A tale our parents tell us while we're teenagers that makes us feel connected to them

2. Sleep-related brain activity is characterized by brief periods of

- A) Delta waves
- B) Beta waves
- C) Sleep spindles
- D) Theta waves

3. Much of the day, most days, for two years with a sad attitude (1yc&A)

- A) Persistent Depressive disorder criteria e
- B) Timeframe - criteria a
- C) With mood incongruent psychotic features
- D) With mood-congruent psychotic features

4. What role does family psychoeducation play in the care of a PDD patient?

- A) It is harmful and should be avoided
- B) It helps family members understand PDD, reduce criticism, and provide effective support rather than enabling avoidance
- C) It replaces individual therapy entirely
- D) It is only useful for pediatric patients

Answers: 1-C 2-C 3-B 4-B

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