

# Patient Care Technician Practice Test Questions and Answers

## 1. What is the normal range for adult blood pressure?

- A) 90/60 to 120/80 mmHg
- B) 100/70 to 140/90 mmHg
- C) 80/50 to 110/70 mmHg
- D) 110/80 to 150/100 mmHg

## 2. When assisting a patient with ambulation, what is the most important safety consideration?

- A) Walking speed
- B) Using proper body mechanics and gait belt
- C) Encouraging independence
- D) Completing the task quickly

## 3. Which position is most appropriate for a patient experiencing difficulty breathing?

- A) Prone position
- B) Fowler's position (head elevated)
- C) Trendelenburg position
- D) Supine position

## 4. What should you do if you notice a change in a patient's condition?

- A) Wait to see if it improves
- B) Document it at the end of your shift
- C) Immediately notify the nurse or physician
- D) Ask the patient's family for advice

Answers: 1-A 2-B 3-B 4-C

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