

PMC - Pediatric Massage Certification Practice Test Questions and Answers

1. Lymph nodes in children are generally:

- A) Absent until age 5
- B) Smaller and less active than in adults
- C) Larger and more palpable than in adults
- D) Located only in the neck

2. Tapotement techniques (percussion) are generally:

- A) The preferred opening stroke for infants
- B) Contraindicated for infants under 6 months
- C) Effective for colic relief in all ages
- D) Applied directly over the spine

3. Petrissage on an infant should be performed with:

- A) Deep, kneading pressure similar to adult massage
- B) Very light, gentle kneading using fingertips only
- C) Rapid alternating hand pressure
- D) No petrissage at any age under 3

4. The myelination of peripheral nerves in infants is:

- A) Complete at birth
- B) Incomplete and continues throughout childhood
- C) Absent until age 2
- D) Faster than in adults

Answers: 1-C 2-B 3-B 4-B

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