

Osteopathic Continuous Practice Test Questions and Answers

1. What are the four fundamental principles of osteopathic medicine?

- A) Structure, function, unity, and self-healing
- B) Diagnosis, treatment, prevention, and cure
- C) Mind, body, spirit, and environment
- D) Assessment, manipulation, medication, and surgery

2. Which osteopathic manipulative technique uses rhythmic movements to restore motion?

- A) High-velocity low-amplitude (HVLA)
- B) Muscle energy technique (MET)
- C) Articular technique
- D) Counterstrain technique

3. What does "somatic dysfunction" refer to in osteopathic medicine?

- A) Muscle weakness
- B) Impaired or altered function of related components of the somatic system
- C) Nerve damage
- D) Joint degeneration

4. How many hours of osteopathic continuing medical education are typically required annually?

- A) 20 hours
- B) 30 hours
- C) 40 hours
- D) 50 hours

Answers: 1-A 2-C 3-B 4-D

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