

# Orthopedic Certified Specialist Practice Test Questions and Answers

**1. Which ligament is most commonly injured in ankle sprains?**

- A) Deltoid ligament
- B) Anterior talofibular ligament
- C) Posterior talofibular ligament
- D) Calcaneofibular ligament

**2. What is the primary function of the anterior cruciate ligament (ACL)?**

- A) Prevent anterior translation of the tibia
- B) Prevent posterior translation of the tibia
- C) Prevent medial rotation of the tibia
- D) Prevent lateral rotation of the tibia

**3. Which special test is used to assess rotator cuff impingement?**

- A) Neer's test
- B) McMurray's test
- C) Lachman test
- D) Thomas test

**4. What is the most common mechanism of injury for a posterior shoulder dislocation?**

- A) Fall on outstretched arm
- B) Seizure or electrical shock
- C) Direct blow to anterior shoulder
- D) Overhead throwing motion

Answers: 1-B 2-A 3-A 4-B

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