

Occupational Therapist Practice Test Questions and Answers

1. What is the primary goal of occupational therapy?

- A) To provide medical diagnosis
- B) To help people participate in meaningful daily activities
- C) To prescribe medications
- D) To perform surgical procedures

2. Which assessment tool is commonly used to evaluate activities of daily living (ADLs)?

- A) Mini Mental State Exam
- B) Functional Independence Measure (FIM)
- C) Blood pressure monitor
- D) X-ray imaging

3. What does "person-environment-occupation" model emphasize in OT practice?

- A) Medical diagnosis only
- B) The interaction between individual, environment, and meaningful activities
- C) Pharmaceutical interventions
- D) Administrative procedures

4. Which intervention approach focuses on teaching new ways to perform tasks?

- A) Surgical intervention
- B) Adaptive/compensatory approach
- C) Medication management
- D) Diagnostic testing

Answers: 1-B 2-B 3-B 4-B

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