

# OTA Practice Test Questions and Answers

## 1. State licensure laws for OTAs primarily serve to:

- A) Set national continuing education requirements
- B) Protect the public by regulating OTA practice within that state
- C) Establish reimbursement rates for OTA services
- D) Accredit OTA educational programs

## 2. A 'sensory diet' in occupational therapy refers to:

- A) A nutritional plan designed to address food sensitivities
- B) An individualized activity plan providing the sensory input a person needs to stay regulated throughout the day
- C) A diet plan that eliminates foods with strong sensory properties
- D) A schedule for reducing sensory input in the environment

## 3. The Sensory Profile (Dunn) assessment tool measures:

- A) Standardized motor performance benchmarks
- B) A child's or adult's sensory processing patterns and how they affect daily life
- C) Reflex integration and primitive reflex status
- D) Visual perceptual skills and spatial reasoning

## 4. Sensory modulation disorder (SMD) is BEST defined as:

- A) A deficit in motor planning that results in clumsy movement
- B) The inability to discriminate between two points of tactile stimulation
- C) Difficulty regulating and organizing the degree, intensity, and nature of responses to sensory input
- D) A complete absence of sensory perception in one modality

**Answers: 1-B 2-B 3-B 4-C**

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