

# OGT Practice Test Questions and Answers

## 1. Thiazide diuretics affect OGTT results by:

- A) Lowering blood glucose through increased renal excretion
- B) Raising blood glucose by impairing insulin secretion and increasing insulin resistance
- C) Having no effect on glucose metabolism
- D) Stimulating GLP-1 release

## 2. Caffeine consumption before an OGTT has been shown to:

- A) Have no effect on glucose levels
- B) Lower post-load glucose through insulin mimicry
- C) Impair insulin sensitivity and raise post-load glucose
- D) Accelerate gastric emptying only

## 3. Alcohol consumption the night before an OGTT can cause:

- A) No change in results
- B) Falsely low fasting glucose due to inhibition of hepatic gluconeogenesis
- C) Falsely high 2-hour glucose
- D) Increased insulin secretion

## 4. Which hormone's function is primarily assessed by the OGTT?

- A) Insulin
- B) Glucagon
- C) Cortisol
- D) Adrenaline

**Answers: 1-B 2-C 3-B 4-A**

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