

OCS Practice Test Questions and Answers

1. Which sign is commonly associated with sciatica?

- A) Pain in the hip area
- B) Pain radiating from the lower back down the leg
- C) Neck pain
- D) Pain in the upper back

2. What is the typical treatment for mild ACL sprains?

- A) Physical Therapy
- B) Surgical Reconstruction
- C) R.I.C.E. Protocol
- D) Steroid Injections

3. What is the most common cause of chronic low back pain?

- A) Herniated disc
- B) Sciatica
- C) Muscle strain
- D) Spinal stenosis

4. What is the most common cause of lateral epicondylitis?

- A) Trauma
- B) Repetitive motion
- C) Aging
- D) Overuse

Answers: 1-B 2-C 3-C 4-B

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