

NZREX Clinical Exam Practice Test Questions and Answers

1. In NZ, what is the management of neonatal jaundice?

- A) Assess total serum bilirubin, plot against treatment thresholds based on gestational age and hours of life, and treat with phototherapy if above the threshold
- B) All jaundiced babies require exchange transfusion
- C) Jaundice in newborns is always pathological and requires antibiotics
- D) No treatment is ever needed — neonatal jaundice always resolves spontaneously

2. In NZ, what is the recommended management of acute gout?

- A) NSAIDs (e.g., naproxen), colchicine, or short-course prednisone for acute flare — do NOT start or change allopurinol during an acute attack
- B) Allopurinol immediately at the highest dose
- C) Aspirin for pain relief
- D) Antibiotics to treat the joint infection

3. Which examination finding is most specific for meningism?

- A) Kernig's sign
- B) Romberg's sign
- C) Babinski's sign
- D) Lhermitte's sign

4. In NZ, what is open disclosure and when should it be used?

- A) An honest, transparent discussion with patients and whānau when an adverse event or error has occurred during their care
- B) A method for disclosing financial information about the hospital
- C) Publishing all patient records online for transparency
- D) A technique for opening difficult conversations about billing

Answers: 1-A 2-A 3-A 4-A

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