

NPTE-PTA Practice Test Questions and Answers

1. What is the normal cadence for adult ambulation?

- A) 50–70 steps/minute
- B) 80–120 steps/minute
- C) 130–150 steps/minute
- D) 160–180 steps/minute

2. What is the close-packed position of the knee joint?

- A) 90° flexion
- B) 30° flexion
- C) Full extension with tibial external rotation
- D) 45° flexion with tibial internal rotation

3. Which nerve is compressed in carpal tunnel syndrome?

- A) Radial nerve
- B) Ulnar nerve
- C) Median nerve
- D) Musculocutaneous nerve

4. Which vertebral level corresponds to the C5 dermatome?

- A) Thumb and index finger
- B) Lateral arm and shoulder region
- C) Middle finger
- D) Ring and little finger

Answers: 1-B 2-C 3-C 4-B

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