

# NMC CBT Practice Test Questions and Answers

**1. What is the normal range for adult blood pressure?**

- A) 90/60 to 120/80 mmHg
- B) 100/70 to 140/90 mmHg
- C) 110/80 to 150/100 mmHg
- D) 80/50 to 110/70 mmHg

**2. Which nursing principle requires obtaining informed consent before procedures?**

- A) Beneficence
- B) Autonomy
- C) Non-maleficence
- D) Justice

**3. What is the recommended hand hygiene duration for healthcare workers?**

- A) 10 seconds
- B) 20 seconds
- C) 30 seconds
- D) 60 seconds

**4. Which medication route provides the fastest absorption?**

- A) Oral
- B) Intramuscular
- C) Intravenous
- D) Subcutaneous

Answers: 1-A 2-B 3-B 4-C

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