

# NEBOSH Practice Test Questions and Answers

## 1. What is 'sick building syndrome' (SBS)?

- A) A collection of non-specific symptoms (headaches, eye irritation, fatigue, respiratory symptoms) experienced by occupants of a specific building, relieved when leaving, without identifiable cause
- B) Actual infectious disease spread within a building
- C) A formal medical diagnosis requiring hospitalization
- D) Only affects workers in hospitals

## 2. What is a 'task-based risk assessment'?

- A) An assessment focusing on a specific work task, identifying all hazards associated with that task, who performs it, and required controls
- B) An assessment of the entire workplace at once
- C) An administrative review of work schedules
- D) A form filled out by the worker without supervisor involvement

## 3. When should a hot work permit be issued?

- A) Before any work producing flames, sparks, or heat sufficient to ignite flammable materials — welding, cutting, grinding, brazing, in any area where flammable materials may be present
- B) Only for welding in the open air
- C) Only in chemical plants
- D) Hot work permits are only required for work in classified hazardous areas

## 4. What is hand-arm vibration syndrome (HAVS)?

- A) A permanent, irreversible condition from prolonged use of vibrating hand tools, causing vascular damage (vibration white finger), sensory loss, and musculoskeletal injury
- B) A temporary condition that resolves when tool use stops
- C) Only causes skin irritation
- D) HAVS only affects workers over 60

**Answers: 1-A 2-A 3-A 4-A**

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