

NBDHE Practice Test Questions and Answers

1. What does NBDHE stand for?

- A) National Board Dental Hygiene Examination
- B) National Board of Dental Health Education
- C) National Board Dental Health Evaluation
- D) National Board for Dental Hygienist Endorsement

2. Which periodontal probe measurement indicates healthy gingival tissue?

- A) 1-3mm with no bleeding on probing
- B) 4-5mm with bleeding on probing
- C) 6mm or greater with purulent exudate
- D) Any measurement with recession present

3. What is the recommended fluoride concentration for professional topical application?

- A) 1,000 ppm
- B) 5,000 ppm
- C) 9,000-12,300 ppm
- D) 22,600 ppm

4. According to infection control protocols, when should hand hygiene be performed?

- A) Only before patient contact
- B) Only after patient contact
- C) Before and after patient contact, and after touching contaminated surfaces
- D) Only when hands are visibly soiled

Answers: 1-A 2-A 3-D 4-C

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