

# NBCC Practice Test Questions and Answers

## 1. What is informed consent?

- A) A signed waiver of liability
- B) Agreement for future billing
- C) Client's understanding and agreement to participate
- D) Consent to record sessions

## 2. Dual relationships are considered unethical when:

- A) The counselor gives a referral
- B) The client chooses to end counseling
- C) It causes harm or interferes with objectivity
- D) Sessions occur online

## 3. Super's career development theory emphasizes which concept?

- A) Unconscious motives
- B) Self-concept over the lifespan
- C) Role modeling
- D) Peer influence

## 4. What is a common goal of helping relationships in counseling?

- A) Dependence on the counselor
- B) Immediate behavior change
- C) Client growth and autonomy
- D) Diagnostic accuracy

**Answers: 1-C 2-C 3-B 4-C**

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