

NARM Practice Test Questions and Answers

1. What is a nuchal cord?

- A) Umbilical cord around babys neck - managed by reducing over head or clamping/cutting
- B) Cord infection
- C) Cord knot
- D) Short cord

2. What is the Apgar score?

- A) 1 and 5 minute assessment of appearance, pulse, grimace, activity, respiration
- B) Pregnancy risk score
- C) Pain scale
- D) Genetic screen

3. Normal newborn heart rate?

- A) 120-160 bpm
- B) 60-80 bpm
- C) 200-240 bpm
- D) 80-100 bpm

4. What is shoulder dystocia?

- A) Babys shoulder stuck behind pubic bone during delivery - emergency
- B) Normal delivery part
- C) Breech type
- D) Mothers shoulder issue

Answers: 1-A 2-A 3-A 4-A

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