

NAC OSCE Practice Test Questions and Answers

1. What is the Apgar score and what does each component assess?

- A) A screening test for congenital heart disease
- B) A scoring system assessed at 1 and 5 minutes after birth evaluating Appearance (colour), Pulse (heart rate), Grimace (reflex irritability), Activity (muscle tone), and Respiration (breathing effort), each scored 0-2
- C) A developmental milestone assessment tool
- D) A pain scale for neonates

2. What are the key developmental milestones expected at 12 months of age?

- A) Running, speaking in full sentences, and toilet training
- B) Pulls to stand, cruises along furniture, says 1-3 words (e.g., 'mama,' 'dada'), uses pincer grasp, waves bye-bye, and shows stranger anxiety
- C) Sitting unsupported, babbling, and rolling over
- D) Walking independently, counting to 10, and drawing circles

3. What is the 'Paediatric Assessment Triangle' (PAT) and what does it assess?

- A) A tool for measuring a child's height, weight, and head circumference
- B) A rapid visual and auditory assessment tool that evaluates Appearance (consciousness, tone, interactivity), Work of Breathing (respiratory effort), and Circulation to Skin (colour, perfusion) within the first 30 seconds
- C) A method for calculating paediatric drug doses
- D) A screening tool for developmental delays

4. What is the 'Calgary-Cambridge model' and why is it relevant to the NAC OSCE?

- A) A model for calculating medical school admissions scores
- B) A widely-used framework for structuring medical interviews that integrates clinical reasoning with effective communication, covering initiating the session, gathering information, physical examination, explanation/planning, and closing
- C) A model for hospital administration
- D) A model for surgical technique assessment

Answers: 1-B 2-B 3-B 4-B

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