

# NAC OSCE - National Assessment Collaboration Practice Test Questions and Answers

## 1. What is the Apgar score and what does each component assess?

- A) A screening test for congenital heart disease
- B) A scoring system assessed at 1 and 5 minutes after birth evaluating Appearance (colour), Pulse (heart rate), Grimace (reflex irritability), Activity (muscle tone), and Respiration (breathing effort), each scored 0-2
- C) A developmental milestone assessment tool
- D) A pain scale for neonates

## 2. What are the key developmental milestones expected at 12 months of age?

- A) Running, speaking in full sentences, and toilet training
- B) Pulls to stand, cruises along furniture, says 1-3 words (e.g., 'mama,' 'dada'), uses pincer grasp, waves bye-bye, and shows stranger anxiety
- C) Sitting unsupported, babbling, and rolling over
- D) Walking independently, counting to 10, and drawing circles

## 3. What is the 'Paediatric Assessment Triangle' (PAT) and what does it assess?

- A) A tool for measuring a child's height, weight, and head circumference
- B) A rapid visual and auditory assessment tool that evaluates Appearance (consciousness, tone, interactivity), Work of Breathing (respiratory effort), and Circulation to Skin (colour, perfusion) within the first 30 seconds
- C) A method for calculating paediatric drug doses
- D) A screening tool for developmental delays

## 4. In the NAC OSCE, what is 'shared decision-making' and when is it appropriate?

- A) The physician makes the decision and shares it with the patient
- B) A collaborative process where the physician presents evidence-based options with their risks and benefits, elicits the patient's values and preferences, and they jointly arrive at a treatment plan
- C) The patient makes all decisions without physician input
- D) It is only appropriate for minor medical decisions

**Answers: 1-B 2-B 3-B 4-B**

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