

MoCA Practice Test Questions and Answers

1. How can delayed recall be improved?

- A) By avoiding cognitive tasks.
- B) By practicing memory strategies and engaging in brain-boosting activities.
- C) By limiting mental activity.
- D) By decreasing sleep quality.

2. What can improve calculation ability?

- A) Avoiding mathematical tasks.
- B) Practicing mental arithmetic and engaging in numerical exercises.
- C) Limiting engagement with cognitive tasks.
- D) Reducing cognitive practice.

3. Please write a sentence that makes sense.

- A) "The cat sat on the mat."
- B) "The running dog jump high."
- C) "Go to store buy food."
- D) "I sleep yesterday food run."

4. How is the MoCA Trail Making B task scored?

- A) 1 point for each correct connection
- B) 0 or 1 point total — 1 for error-free completion
- C) 3 points for full sequence, 1 for partial
- D) 0.5 per correct connection up to 5

Answers: 1-B 2-B 3-A 4-B

For More MoCA Questions and Answers FREE, MoCA Online Prep Training, MoCA Exam, MoCA Study Guide, MoCA Flashcards, MoCA Quizzes visit:

MoCA Practice Test