

Mentor Practice Test Questions and Answers

1. What is the most effective way to establish trust with a new mentee?

- A) Immediately share personal experiences and challenges
- B) Listen actively and demonstrate genuine interest in their goals
- C) Set strict boundaries and expectations from the first meeting
- D) Focus primarily on their weaknesses that need improvement

2. When a mentee is struggling with a decision, what approach should a mentor take?

- A) Make the decision for them to save time
- B) Provide multiple options and let them choose without guidance
- C) Ask guiding questions to help them think through the decision
- D) Tell them what you would do in their situation

3. How often should formal check-ins occur in a mentoring relationship?

- A) Daily to ensure constant progress
- B) Weekly or bi-weekly depending on needs and goals
- C) Monthly to give them space to grow independently
- D) Only when the mentee requests a meeting

4. What is the primary goal of effective mentoring?

- A) To create a dependent relationship where the mentee relies on the mentor
- B) To share all of your knowledge and experience immediately
- C) To develop the mentee's skills and confidence for independent success
- D) To ensure the mentee follows the exact same career path as the mentor

Answers: 1-B 2-C 3-B 4-C

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