

Material Handling Certification Practice Test Questions and Answers

1. What is the maximum safe lifting weight for most adults without mechanical assistance?

- A) 25 pounds
- B) 50 pounds
- C) 75 pounds
- D) 100 pounds

2. Which forklift stability principle is most critical for safe operation?

- A) Stability triangle
- B) Load center calculation
- C) Counterweight distribution
- D) All of the above

3. What is the proper technique for manual lifting of heavy objects?

- A) Bend at the waist, keep legs straight
- B) Bend at the knees, keep back straight
- C) Twist while lifting to save time
- D) Lift as quickly as possible

4. Which factor most affects conveyor belt safety?

- A) Belt speed only
- B) Proper guarding and emergency stops
- C) Belt material type
- D) Conveyor length

Answers: 1-B 2-D 3-B 4-B

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