

# MLD Practice Test Questions and Answers

## 1. What is lymph?

- A) A type of blood cell.
- B) Clear fluid with white blood cells
- C) A hormone.
- D) A digestive enzyme.

## 2. When should MLD be avoided?

- A) In cases of minor bruising.
- B) Untreated blood clots
- C) Mild swelling.
- D) After exercise.

## 3. What are lymphatic capillaries?

- A) Large veins.
- B) Tiny vessels absorbing tissue fluid
- C) Muscle fibers.
- D) Blood cells.

## 4. What pressure is used during MLD?

- A) Deep, strong pressure.
- B) Very light pressure
- C) No pressure at all.
- D) Medium pressure only.

**Answers: 1-B 2-B 3-B 4-B**

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