

Low Risk Neonatal Nurse Exam Practice Test Questions and Answers

1. What is the caloric content of standard term infant formula?

- A) 10 kcal/oz
- B) 20 kcal/oz
- C) 24 kcal/oz
- D) 30 kcal/oz

2. What is the neutral thermal environment (NTE) for a newborn?

- A) The temperature at which the newborn sweats to maintain temperature
- B) The environmental temperature at which the newborn maintains normal body temperature with minimal metabolic effort
- C) The room temperature recommended for visitor comfort in the nursery
- D) The temperature inside a warmed formula bottle

3. Which statement about breastfeeding and jaundice is accurate?

- A) Breastfeeding should be stopped immediately when jaundice is detected
- B) Frequent breastfeeding reduces bilirubin levels by increasing stooling and preventing dehydration
- C) Breast milk jaundice is dangerous and requires formula substitution in all cases
- D) Jaundice in breastfed infants is always pathological

4. Which newborn is at greatest risk for impaired thermoregulation?

- A) Term infant born at 40 weeks with birth weight of 3.5 kg
- B) Late preterm infant born at 35 weeks with birth weight of 2.1 kg
- C) Term infant born by cesarean to a healthy mother
- D) Post-term infant born at 41 weeks with intact vernix

Answers: 1-B 2-B 3-B 4-B

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