Internal Medicine Exam Practice Test Questions and Answers

1. What is the first-line treatment for Type 2 diabetes mellitus?

A) Insulin
B) Metformin
C) Sulfonylureas
D) DPP-4 inhibitors

2. Which finding is most characteristic of heart failure with preserved ejection fraction?

A) Ejection fraction <40%
B) Ejection fraction ≥50% with diastolic dysfunction
C) Severe mitral regurgitation
D) Left ventricular aneurysm

3. What is the target blood pressure for most adults with hypertension?

A) <140/90 mmHg
B) <130/80 mmHg
C) <120/70 mmHg
D) <110/60 mmHg

4. Which laboratory finding is most suggestive of chronic kidney disease?

A) Elevated BUN only
B) Persistently elevated creatinine with decreased GFR
C) Proteinuria only
D) Elevated uric acid

Answers: 1-B 2-B 3-B 4-B

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