

IDC Practice Test Questions and Answers

1. What is nitrogen narcosis?

- A) Sunburn from reflection.
- B) Impaired judgment underwater
- C) Water intoxication.
- D) Muscle cramps.

2. What is an emergency ascent?

- A) Slow normal ascent.
- B) Rapid controlled ascent
- C) Ignoring ascent rates.
- D) Surface swim.

3. Why is buddy diving recommended?

- A) For competition.
- B) For mutual safety
- C) To share equipment.
- D) For fun only.

4. What causes decompression sickness?

- A) Holding breath underwater.
- B) Rapid ascent causing gas bubbles
- C) Cold water temperature.
- D) Wearing heavy gear.

Answers: 1-B 2-B 3-B 4-B

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