

ICP Practice Test Questions and Answers

1. What is a 'co-created' coaching agenda?

- A) An agenda written by the organization for the coach to follow
- B) An agenda that the coach and coachee build together at the start of each session
- C) A shared document for all team coaching sessions
- D) A standardized coaching curriculum approved by both parties

2. What is 'mirroring' as a coaching technique?

- A) Copying the coachee's body language deliberately
- B) Reflecting back the coachee's words or feelings to deepen awareness
- C) Using visual boards in coaching sessions
- D) Recording and playing back coaching conversations

3. What does 'Level 3 listening' mean in coaching?

- A) Listening to three people simultaneously in a meeting
- B) A focus on the broader field of energy, intuition, and what is happening beyond just words
- C) The third level of a listening skills certification
- D) Listening while taking detailed notes

4. What is 'calling out' in a coaching conversation?

- A) Shouting during a team meeting
- B) Naming a pattern, behavior, or dynamic the coach observes in the coachee with directness and care
- C) Publicly recognizing team achievements
- D) Escalating issues to management

Answers: 1-B 2-B 3-B 4-B

For More ICP Questions and Answers FREE, ICP Online Prep Training,
ICP Exam, ICP Study Guide, ICP Flashcards, ICP Quizzes visit:

ICP Practice Test