

IBD Practice Test Questions and Answers

1. Erythema nodosum in IBD presents as which type of skin lesion?

- A) Painless, raised violet plaques on the shins
- B) Painful, tender, raised red/purple nodules typically on the anterior shins
- C) Vesicular eruption following dermatomes
- D) Flat, hyperpigmented macules on the trunk

2. Ozanimod, approved for UC, works through which novel mechanism?

- A) Blocking TNF- α
- B) Sphingosine-1-phosphate (S1P) receptor modulation, sequestering lymphocytes in lymph nodes
- C) Inhibiting JAK2 selectively
- D) Blocking IL-6 trans-signaling

3. Why is IPAA surgery generally contraindicated in Crohn's disease?

- A) Technical difficulty of J-pouch construction
- B) High risk of pouch failure due to Crohn's recurrence in the pouch and anastomosis
- C) Inability to achieve mucosal healing post-surgery
- D) Insurance coverage limitations

4. Anemia in IBD is most commonly due to which combination of causes?

- A) B12 deficiency and folate deficiency exclusively
- B) Iron deficiency anemia (chronic blood loss, malabsorption) and anemia of chronic inflammation
- C) Hemolytic anemia and aplastic anemia
- D) Vitamin K deficiency

Answers: 1-B 2-B 3-B 4-B

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