

# IBCLC Practice Test Questions and Answers

## 1. What does the acronym CERP stand for?

- A) Certified Education for Registered Professionals
- B) Continuing Education Recognition Point
- C) Clinical Experience Required for Practice
- D) Comprehensive Examination Review Program

## 2. What is the difference between foremilk and hindmilk?

- A) They are produced by different parts of the breast
- B) Foremilk is the lower-fat milk at the start of a feeding, while hindmilk is the higher-fat milk that becomes available as the breast is progressively emptied
- C) Hindmilk is always better than foremilk
- D) Foremilk is colostrum and hindmilk is mature milk

## 3. A p-value of 0.03 in a breastfeeding study indicates:

- A) There is a 3% chance the results are clinically significant
- B) There is a 3% chance of observing the results if the null hypothesis is true
- C) The study has a 97% confidence level
- D) The intervention is 97% effective

## 4. What is tandem nursing and what are its considerations?

- A) Nursing twins simultaneously
- B) Breastfeeding both an older child and a newborn after a subsequent birth, with priority given to the newborn's colostrum needs
- C) Alternating between breast and bottle
- D) Having two mothers breastfeed the same infant

**Answers: 1-B 2-B 3-B 4-B**

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