

Hormone Replacement Therapy Practice Test Questions and Answers

1. What is the primary indication for hormone replacement therapy in postmenopausal women?

- A) Weight loss
- B) Treatment of moderate to severe menopausal symptoms
- C) Pregnancy prevention
- D) Hair growth stimulation

2. Which route of estrogen administration has the lowest risk of blood clots?

- A) Oral tablets
- B) Transdermal patches or gels
- C) Intramuscular injection
- D) Sublingual tablets

3. Why is progesterone typically added to estrogen therapy in women with an intact uterus?

- A) To enhance effectiveness
- B) To prevent endometrial hyperplasia and cancer
- C) To reduce hot flashes
- D) To improve mood

4. What is a contraindication for hormone replacement therapy?

- A) Mild hypertension
- B) History of breast cancer
- C) Age over 50
- D) Osteoporosis

Answers: 1-B 2-B 3-B 4-B

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