

# Home Health Aide Competency Practice Test Questions and Answers

## 1. What is the most important principle when providing personal care to a client?

- A) Completing tasks as quickly as possible
- B) Maintaining the client's dignity and privacy
- C) Following your own preferred methods
- D) Avoiding communication during care

## 2. When should you wash your hands as a home health aide?

- A) Only when hands appear visibly dirty
- B) Before and after each client contact
- C) Once at the beginning of each shift
- D) Only after using the bathroom

## 3. If a client falls, what is your first action?

- A) Help them stand up immediately
- B) Check for injuries and call for help if needed
- C) Document the incident in your notes
- D) Move them to a more comfortable position

## 4. Which vital sign is measured as the force of blood against artery walls?

- A) Temperature
- B) Pulse
- C) Respiration
- D) Blood pressure

Answers: 1-B 2-B 3-B 4-D

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