

# Holistic Medicine Practice Test Questions and Answers

## 1. Modern Western medicine:

- A) can cure everything
- B) is holistic
- C) is purely scientific
- D) is the same as indigenous medicine

## 2. The definition of holistic healing is:

- A) Treating the whole person, not just the illness
- B) Holy; religious, giving spiritual support
- C) Using herbal medicines
- D) Treating mental health

## 3. What drawbacks were associated with Western medicine?

- A) It kills germs
- B) It makes people more sick
- C) It was a turning point in history
- D) People stopped looking after themselves

## 4. What tree's bark, with qualities akin to aspirin, has been used for generations as a pain reliever?

- A) Elm
- B) Pine
- C) Aspen
- D) Willow

Answers: 1-B 2-A 3-D 4-D

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