

HRT Practice Test Questions and Answers

1. How does obesity impact HRT-related VTE risk?

- A) Obesity independently increases VTE risk, compounding the risk added by oral estrogen
- B) Obesity is protective against VTE in HRT users
- C) Obesity has no effect on HRT VTE risk
- D) Obese patients should always use higher HRT doses

2. Which hormone regulates the body's metabolic rate?

- A) Insulin
- B) Cortisol
- C) Thyroxine (T4)
- D) Testosterone

3. Why is a DHEA-S test ordered in hormone evaluations?

- A) It measures estrogen levels
- B) It evaluates bone density
- C) It assesses adrenal androgen production
- D) It monitors thyroid function

4. What is the main function of estrogen in the female body?

- A) Promotes muscle growth
- B) Regulates calcium levels
- C) Regulates menstrual cycle
- D) Stimulates insulin release

Answers: 1-A 2-C 3-C 4-C

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