

Gerontological Nurse Test Practice Test Questions and Answers

1. The Beers Criteria is a clinical tool used specifically to:

- A) Calculate safe medication doses for elderly patients
- B) Identify potentially inappropriate medications for adults aged 65 and older
- C) Screen for medication allergies in nursing home residents
- D) Determine drug interactions in polypharmacy patients

2. Validation therapy, developed by Naomi Feil, is primarily used to:

- A) Reorient patients with dementia to current time and place
- B) Acknowledge and communicate with patients in their own reality
- C) Teach cognitive strategies to slow memory decline
- D) Assess the stage and severity of dementia progression

3. Terminal sedation (palliative sedation) is ethically appropriate when:

- A) The family requests it to hasten the patient's death
- B) The patient has refractory, uncontrollable suffering near the end of life
- C) The nursing staff finds the patient's symptoms difficult to manage
- D) The patient is expected to live more than six months

4. Reminiscence therapy is used with older adults with dementia because it:

- A) Restores long-term memory to its previous capacity
- B) Promotes well-being by engaging intact long-term memories and sense of identity
- C) Helps patients relearn forgotten procedural skills
- D) Evaluates the progression of cognitive decline over time

Answers: 1-B 2-B 3-B 4-B

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