

# Endocrine Weight Loss Practice Test Questions and Answers

## 1. Subclinical hypothyroidism is defined as:

- A) TSH >10 mIU/L with normal free T4 and symptoms
- B) Elevated TSH with normal free T4, often asymptomatic
- C) Normal TSH with low free T4
- D) Low TSH with low free T4

## 2. Most typically, acromegaly is detected in:

- A) Newborns
- B) Middle-aged adults
- C) Adults age 65 and older
- D) Children ages 2 to 5

## 3. Post-exercise oxygen consumption (EPOC) refers to:

- A) Oxygen debt accumulated during anaerobic exercise repaid after exercise
- B) Decreased oxygen use immediately after a workout
- C) The pre-exercise warm-up oxygen requirement
- D) Mitochondrial oxygen consumption during glycolysis

## 4. When someone is dehydrated, \_\_\_ hormones are released.

- A) Oxytocin
- B) Renin
- C) Insulin
- D) ADH

**Answers: 1-B 2-B 3-A 4-D**

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