

EMT Practice Test Questions and Answers

1. What is the normal respiratory rate for a healthy adult at rest?

- A) 8-10 breaths per minute
- B) 12-20 breaths per minute
- C) 25-30 breaths per minute
- D) 35-40 breaths per minute

2. When performing CPR on an adult, what is the correct compression depth?

- A) 1 inch (2.5 cm)
- B) At least 2 inches (5 cm)
- C) 3 inches (7.5 cm)
- D) As deep as possible

3. What is the first step in treating a patient who is unconscious and unresponsive?

- A) Check for breathing
- B) Start chest compressions
- C) Check for responsiveness and call for help
- D) Open the airway

4. Which vital sign indicates shock in a trauma patient?

- A) High blood pressure
- B) Slow heart rate
- C) Rapid, weak pulse with low blood pressure
- D) Normal temperature

Answers: 1-B 2-B 3-C 4-C

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